How to get an internship at the United Nations Development Programme

Requirements
During the time of application you have to:
(a) Be enrolled in a graduate school programme (second university degree or equivalent, or higher);
(b) Be enrolled in the final academic year of a first university degree programme (minimum Bachelor’s level or equivalent);
(c) Have graduated with a university degree and, if selected, must start the internship within one-year of graduation.

Tips & tricks
• Consider your profile, interests, and strengths and find a position where your capabilities suit the requirements of the job.
• Tailor your cover letter to the position you are interested in. General applications are less likely to be considered.
• If there is no position suited to your capabilities, but you are convinced you can contribute to our organization in a valuable way, you can write a detailed internship proposal for our internship-pool.

Find internship opportunities here:

UNDp wordwide:  Internships in CPH:

Note: our vacancies are sometimes promoted on platforms such as LinkedIn and Graduateland, so keep an eye out there too.

Keep in mind
The following rules apply for internships with the UNDP:
• Internships ideally have a duration of 6 months, and no shorter than 4.
• Internships are unpaid. Costs for travel, visas, accommodation, and living expenses are the responsibility of the applicant.
• You cannot write your thesis in collaboration with an internship at the UNDP.

As internship policies vary from agency to agency, make sure to familiarise yourself with the rules governing the agency which you are applying with.